

# MACOMB

SOCCER ACADEMY



## Our Goals:

- ⚽ Learn soccer fundamentals - rules, ball control & positions
- ⚽ Improve soccer skills & techniques
- ⚽ Build agility & acuity
- ⚽ Build stamina & endurance
- ⚽ Build confidence & self-esteem
- ⚽ Build teamwork & friendship
- ⚽ Promote better health

Join Us

Every Sunday

April 22<sup>nd</sup> to May 20<sup>th</sup>

2pm - 3pm

Ages 5-12

Veterans Park - Macomb, IL

Cost: \$20 (includes all 5 sessions)

Instructors

**Victor Lidaywa, DPT**

**Silvester Erude, MS**



**US Soccer Federation Licensed Coaches**

Phone: 309-837-1748

[macombsocceracademy@gmail.com](mailto:macombsocceracademy@gmail.com)

